

## ANSWER PAGE

### FIND-A-WORD

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| L | E | B | L | O | S | E | E | D |
| P | T | I | R | S | H | A | H | T |
| W | A | C | S | L | I | H | G | D |
| Q | G | Y | C | Y | R | K | F | M |
| R | S | C | O | O | T | E | R | A |
| H | D | L | P | L | J | G | A | N |
| F | L | E | M | O | N | A | D | E |
| G | A | N | D | R | L | V | I | H |
| S | N | E | A | K | E | R | S | R |
| K | L | S | M | A | N | V | H | Z |
| A | F | D | L | E | L | L | I | E |
| T | O | T | E | U | G | K | A | F |
| E | A | H | M | A | F | Z | S | N |
| S | M | L | O | P | T | E | R | U |
| A | D | F | G | R | M | A | J | L |

### CROSSWORD

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | B |   |   | S | E | E | D |   |
|   | I |   |   | H |   |   |   |   |
|   | C |   |   | I |   |   |   |   |
|   | Y |   |   | R |   |   |   |   |
|   | S | C | O | O | T | E | R |   |
|   | L |   |   |   |   |   | A |   |
|   | L | E | M | O | N | A | D | E |
|   |   |   |   |   |   |   | I |   |
| S | N | E | A | K | E | R | S |   |
| K |   |   |   |   |   |   | H |   |
| A |   |   |   | L |   |   |   |   |
| T | O | T | E |   |   |   |   |   |
| E |   |   |   | M |   |   |   |   |
| S |   |   |   | O |   |   |   |   |
|   |   |   |   | L |   |   |   |   |

### BELLA'S SWAPS

1. SEED
2. RADISH
3. LEMON
4. LEMONADE
5. T-SHIRT
6. TOTE BAG
7. SNEAKERS
8. ROLLERSKATES
9. SCOOTER
10. BICYCLE

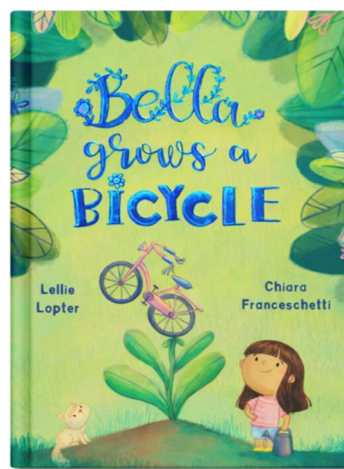


## *Bella Grows A Bicycle* Activity Book

**NAME**.....

#### Themes include:

Problem-Solving  
Perseverance  
Independence  
Determination  
Goal-Setting  
Patience  
Recycling  
Up-Cycling  
Community  
Sustainability  
Financial Literacy  
Swap Economy



## Bella Grows A Bicycle

Written by Lellie Lopter  
Illustrated by Chiara Franceschetti  
Published by Five Mile Press  
ISBN 978-192-345-7720

**FIVE  
MILE**

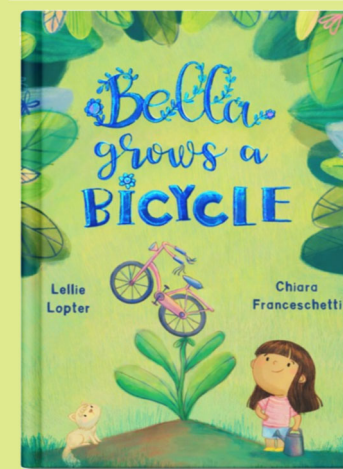
[www.fivemile.com.au](http://www.fivemile.com.au)

**Lellie  
Lopter**

[www.lellielopter.com](http://www.lellielopter.com)

#### Themes include:

Problem-Solving  
Perseverance  
Independence  
Determination  
Goal-Setting  
Patience  
Recycling  
Up-Cycling  
Community  
Sustainability  
Financial Literacy  
Swap Economy



## Bella Grows A Bicycle

Written by Lellie Lopter  
Illustrated by Chiara Franceschetti  
Published by Five Mile Press  
ISBN 978-192-345-7720

**FIVE  
MILE**

[www.fivemile.com.au](http://www.fivemile.com.au)

**Lellie  
Lopter**

[www.lellielopter.com](http://www.lellielopter.com)

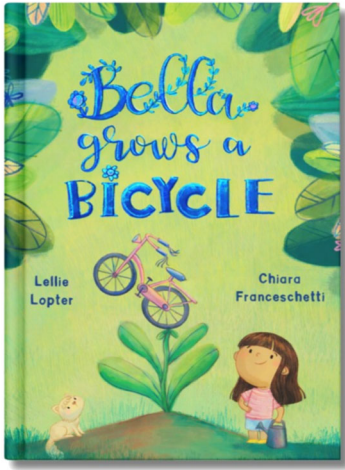
Draw your own 'Swapberry'

Write your own ending...

Bella goes to find a helmet seed. What do you think she should grow next?

Handwriting practice lines consisting of 15 horizontal dotted lines.

Themes include:  
Problem-Solving  
Perseverance  
Independence  
Determination  
Goal-Setting  
Patience  
Recycling  
Up-Cycling  
Community  
Sustainability  
Financial Literacy  
Swap Economy



Bella Grows A Bicycle

Written by Lellie Lopter  
Illustrated by Chiara Franceschetti  
Published by Five Mile Press  
ISBN 978-192-345-7720

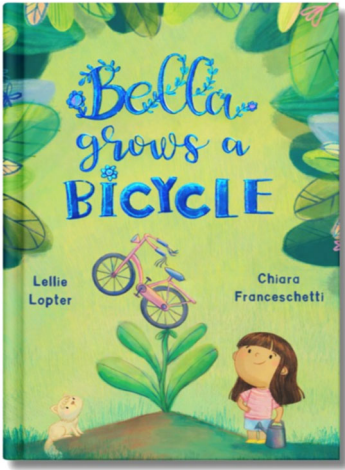


www.fivemile.com.au



www.lellielopter.com

Themes include:  
Problem-Solving  
Perseverance  
Independence  
Determination  
Goal-Setting  
Patience  
Recycling  
Up-Cycling  
Community  
Sustainability  
Financial Literacy  
Swap Economy



Bella Grows A Bicycle

Written by Lellie Lopter  
Illustrated by Chiara Franceschetti  
Published by Five Mile Press  
ISBN 978-192-345-7720



www.fivemile.com.au



www.lellielopter.com

# Question and Answer Time

Bella really wants a bicycle. What is something that you really want?

.....

.....

.....

The people in the community have lots of things that they no longer need. What is something that you have that you no longer need?

.....

.....

.....

It takes Bella ten swaps to get from a tiny seed to a bicycle. Can you list them all?

1.

.....SEED.....
2.

.....
3.

.....
4.

.....
5.

.....
6.

.....
7.

.....
8.

.....
9.

.....
10.

.....BICYCLE.....

How many swaps do you think it will take you to swap what you have to what you want? List your swap ideas here.

.....

.....

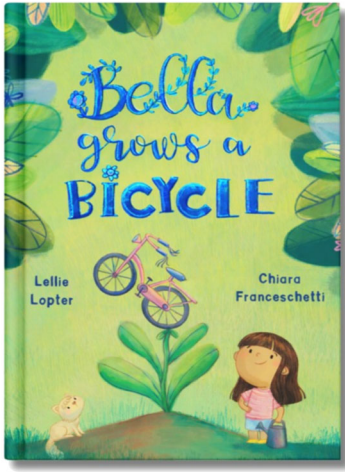
.....

.....



Themes include:

- Problem-Solving
- Perseverance
- Independence
- Determination
- Goal-Setting
- Patience
- Recycling
- Up-Cycling
- Community
- Sustainability
- Financial Literacy
- Swap Economy



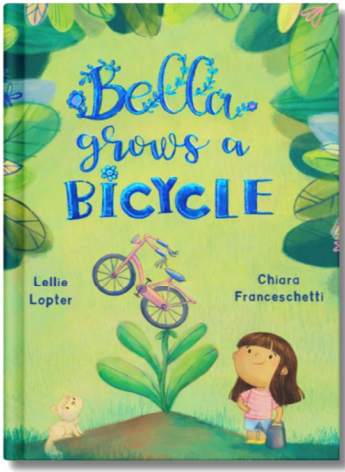
## Bella Grows A Bicycle

Written by Lellie Lopter  
Illustrated by Chiara Franceschetti  
Published by Five Mile Press  
ISBN 978-192-345-7720



Themes include:

- Problem-Solving
- Perseverance
- Independence
- Determination
- Goal-Setting
- Patience
- Recycling
- Up-Cycling
- Community
- Sustainability
- Financial Literacy
- Swap Economy



## Bella Grows A Bicycle

Written by Lellie Lopter  
Illustrated by Chiara Franceschetti  
Published by Five Mile Press  
ISBN 978-192-345-7720



## LEMONADE RECIPE

### INGREDIENTS

2 teaspoons of lemon juice from 1 lemon  
1 teaspoon of sugar  
1/4 cup of warm  
3/4 cup cold water  
Ice (optional)

### INSTRUCTIONS

#### Step 1.

Mix the sugar and warm water together and stir until you can't see the sugar crystals anymore

#### Step 3.

Squeeze the lemon and add 2 teaspoons of lemon juice to the 3/4 cup of cold water in a large cup

#### Step 4.

Carefully pour the sugar water into the lemon water

#### Step 4.

Enjoy!

#### Recipe Tips:

For more flavour, add more lemon juice.

For sweeter lemonade, add more sugar.

For colder lemonade, add ice.

## Crossword Clues

### Across

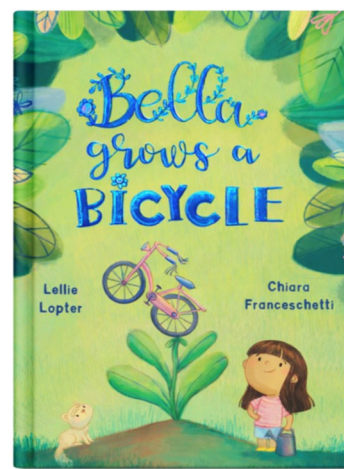
- 2 Plant this and watch it grow
- 3 This two wheeled toy looks like a skateboard with a handle
- 5 This sweet drink is made from lemons, sugar and water
- 6 These shoes are worn when playing sports
- 7 This kind of bag is perfect for carrying books

### Down

- 1 This two wheeled vehicle is often called a bike.
- 2 This piece of clothing can have fun prints
- 4 This vegetable can be spicy
- 6 These shoes have wheels on them
- 8 This citrus fruit grows on thorny trees

#### Themes include:

Problem-Solving  
Perseverance  
Independence  
Determination  
Goal-Setting  
Patience  
Recycling  
Up-Cycling  
Community  
Sustainability  
Financial Literacy  
Swap Economy



## Bella Grows A Bicycle

Written by Lellie Lopter  
Illustrated by Chiara Franceschetti  
Published by Five Mile Press  
ISBN 978-192-345-7720

**FIVE  
MILE**

[www.fivemile.com.au](http://www.fivemile.com.au)

**Lellie  
Lopter**

[www.ellielopter.com](http://www.ellielopter.com)

#### Themes include:

Problem-Solving  
Perseverance  
Independence  
Determination  
Goal-Setting  
Patience  
Recycling  
Up-Cycling  
Community  
Sustainability  
Financial Literacy  
Swap Economy



## Bella Grows A Bicycle

Written by Lellie Lopter  
Illustrated by Chiara Franceschetti  
Published by Five Mile Press  
ISBN 978-192-345-7720

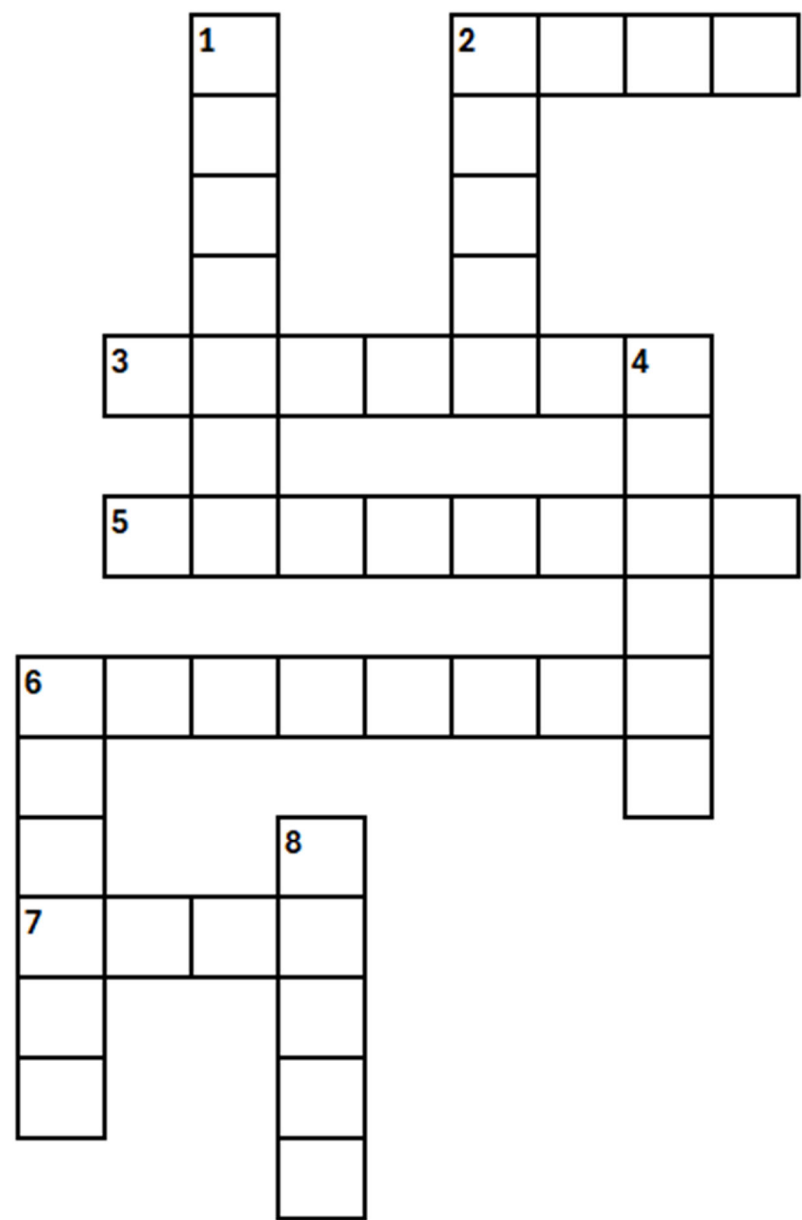
**FIVE  
MILE**

[www.fivemile.com.au](http://www.fivemile.com.au)

**Lellie  
Lopter**

[www.ellielopter.com](http://www.ellielopter.com)

Crossword



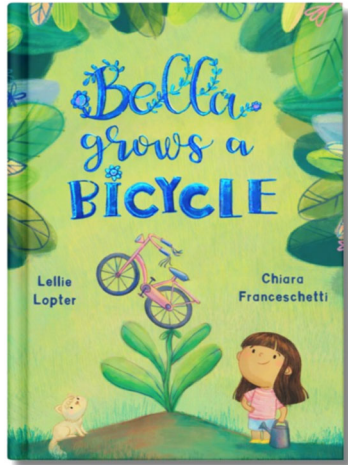
Find the items Bella swaps

WORD LIST

- SEED
- RADISH
- LEMON
- LEMONADE
- SHIRT
- TOTE
- SNEAKERS
- SKATES
- SCOOTER
- BICYCLE

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| L | E | B | L | O | S | E | E | D |
| P | T | I | R | S | H | A | H | T |
| W | A | C | S | L | I | H | G | D |
| Q | G | Y | C | Y | R | K | F | M |
| R | S | C | O | O | T | E | R | A |
| H | D | L | P | L | J | G | A | N |
| F | L | E | M | O | N | A | D | E |
| G | A | N | D | R | L | V | I | H |
| S | N | E | A | K | E | R | S | R |
| K | L | S | M | A | N | V | H | Z |
| A | F | D | L | E | L | L | I | E |
| T | O | T | E | U | G | K | A | F |
| E | A | H | M | A | F | Z | S | N |
| S | M | L | O | P | T | E | R | U |
| A | D | F | G | R | M | A | J | L |

Themes include:  
Problem-Solving  
Perseverance  
Independence  
Determination  
Goal-Setting  
Patience  
Recycling  
Up-Cycling  
Community  
Sustainability  
Financial Literacy  
Swap Economy

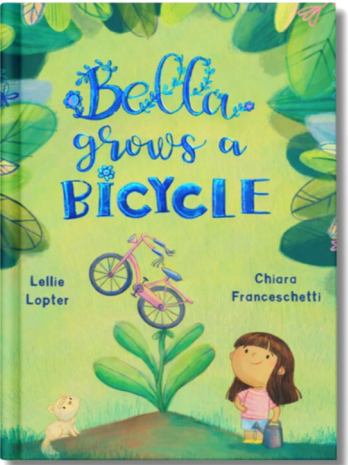


Bella Grows A Bicycle

Written by Lellie Lopter  
Illustrated by Chiara Franceschetti  
Published by Five Mile Press  
ISBN 978-192-345-7720



Themes include:  
Problem-Solving  
Perseverance  
Independence  
Determination  
Goal-Setting  
Patience  
Recycling  
Up-Cycling  
Community  
Sustainability  
Financial Literacy  
Swap Economy



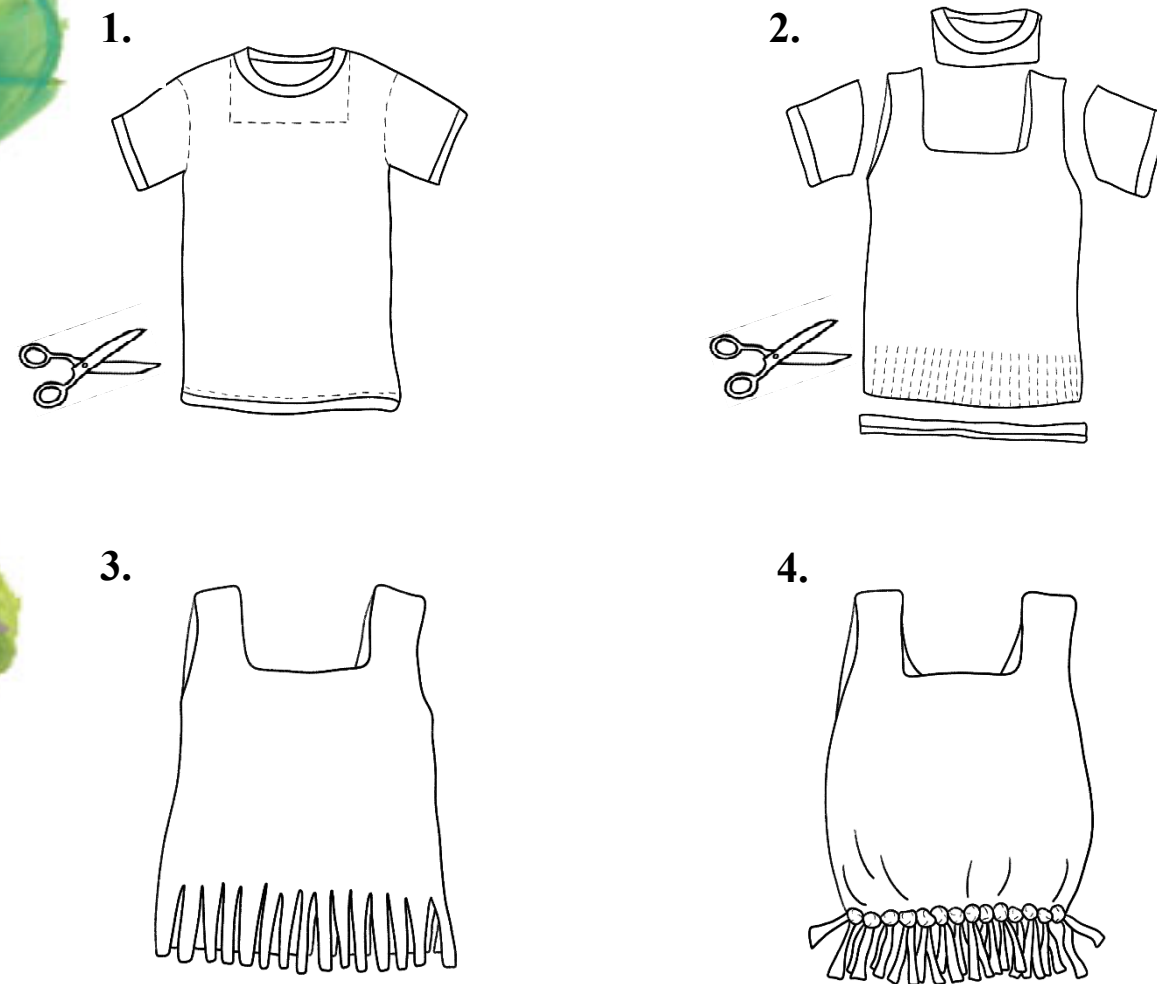
Bella Grows A Bicycle

Written by Lellie Lopter  
Illustrated by Chiara Franceschetti  
Published by Five Mile Press  
ISBN 978-192-345-7720



## Turn a T-Shirt into a Tote Bag

### Visual Instructions



## Turn a T-Shirt into a Tote Bag

### Written Instructions

#### Step 1.

Lay your old T-shirt flat on a table. Smooth it out. Cut off the sleeves and make a big neck hole. (Tip: Turn it inside out first if you want the knots hidden!)

#### Step 2.

Cut off the bottom seam of the shirt. Then cut strips along the bottom (about 3-4 cm wide and 8-10 cm long).

#### Step 3.

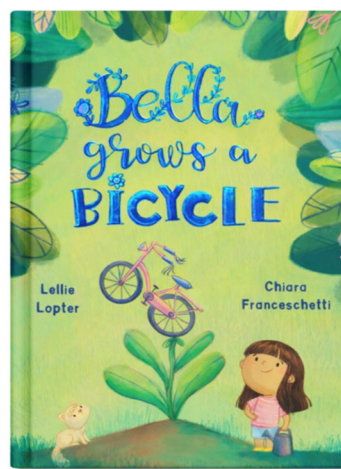
Tie the strips together (from front to back) into tight knots. Go all the way across, then tie them again the other way.

#### Step 4.

Turn your bag right-side out if needed... and you're Tote Bag is done!

#### Themes include:

Problem-Solving  
Perseverance  
Independence  
Determination  
Goal-Setting  
Patience  
Recycling  
Up-Cycling  
Community  
Sustainability  
Financial Literacy  
Swap Economy



## Bella Grows A Bicycle

Written by Lellie Lopter  
Illustrated by Chiara Franceschetti  
Published by Five Mile Press  
ISBN 978-192-345-7720

**FIVE  
MILE**

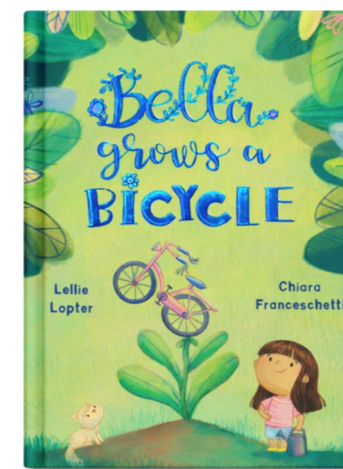
[www.fivemile.com.au](http://www.fivemile.com.au)

**Lellie  
Lopter**

[www.ellielopter.com](http://www.ellielopter.com)

#### Themes include:

Problem-Solving  
Perseverance  
Independence  
Determination  
Goal-Setting  
Patience  
Recycling  
Up-Cycling  
Community  
Sustainability  
Financial Literacy  
Swap Economy



## Bella Grows A Bicycle

Written by Lellie Lopter  
Illustrated by Chiara Franceschetti  
Published by Five Mile Press  
ISBN 978-192-345-7720

**FIVE  
MILE**

[www.fivemile.com.au](http://www.fivemile.com.au)

**Lellie  
Lopter**

[www.ellielopter.com](http://www.ellielopter.com)